



FAMILY SERVICE
OF GREATER BOSTON

HELPING FAMILIES BE FAMILIES SINCE 1835

31 Heath Street, Jamaica Plain, MA 02130
617-523-6400 | www.fsgb.org

NEW CONFIDENT PARENTING PROGRAM

TARGET POPULATION: Parents who are interested in being a more confident parent/caretaker of children. Open to the Boston Community and to all nationalities.

SERVICE DESCRIPTION: This nationally acclaimed parenting skill-building program, created by the *Center for Improvement of Child Caring (CICC)*, teaches parents and others how to raise children to be...



by Kerby T. Alvy, Ph.D.
with illustrations by Kerby T. Alvy, Ph.D.

Parenting Strategies and Skills for Building Harmony in the Home



PARENT'S HANDBOOK

- **Cooperative**
- **Achieving**
- **and Caring**

It also helps parents understand how children learn and why they behave the way they do. It teaches a set of child rearing strategies and skills that can be used immediately to help bring harmony to the home.

CICC's Confident Parenting Program offers such strategies and skills as:

- **Effective praising**
- **Effective limit-setting and disciplining**
- **Family rules that benefit everyone**
- **The thinking parent's strategy**

GOALS: The program, which was designed with the guidance and direction of Dr. Kerby Alvy and parenting scholars fosters:

- ***Effective family communication relationships**
- ***Child growth and development**
- ***Healthy family**
- ***Positive self-esteem**

When: January 10, 2013 – April 25, 2013 Thursdays 11 am – 2:00 pm

This is a fifteen week program meeting each Tuesday for a total of three hours. A light meal will be provided.

Where: Family Service of Greater Boston. 31 Heath Street, Jamaica Plain, Ma.

Referral Process: Contact Carolyn Grossett 617-824-5842.

Anyone can refer or self refer. D.C.F. workers or Lead Agencies may also fax referral to 617-523-3034.

For More Information about the Program: Call Family Service of Greater Boston 617-523-6400 or **Eva K. Price at 617-824-5822.**